

# Recreation Calendar – May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Recreation Programmers:</b> <b>Karla &amp; Tanya</b> <b>Recreation Therapist:</b> <b>Charlotte</b>	<b>Please note that all programs are subject to change.</b>		<b>1</b> 10:00 Mini Musicians (4) 1:30 Balloon Volleyball (3)	<b>2</b> 10:00 News & Views (6) 2:00 Mass (4)	<b>3</b> 10:00 Lexicon (5) 1:30 Music with Sheila (3)	<b>4</b>
<b>5</b> 	<b>6</b> 10:00 Health & Wellness with Lillian (BR) 1:30 Painting (6)	<b>7</b> 10:00 Morning Mindfulness (BR) 1:30 Bingo (2)	<b>8</b> 10:00 Mini Musicians (5) 2:00 Ladies Tea (3)	<b>9</b> 10:00 News & Views (6) Walking Program 2:00 Mass (4)	<b>10</b> 10:00 Lexicon (5) 1:30 Knight Shades (4)	<b>11</b> 
<b>12</b> 2:30 New Heights Baptist Church Service (BR) <b>*Happy Mother's Day*</b>	<b>13</b> 1:30 Move Groove (3) 6:30 Blue Country (6)	<b>14</b> 1:30 Lion's Club Bingo (6)	<b>15</b> 10:00 Mini Musicians (6) 1:30 Sensory Stim (BR)	<b>16</b> 10:00 News & Views (6) 2:00 Mass (4) 6:30 Tuskett Jammers (4)	<b>17</b> 10:00 Lexicon (5) 1:30 Birthday Party with the Scallywags (6)	<b>18</b>
<b>19</b>	<b>20</b> <b>Victoria Day Holiday</b>	<b>21</b> 10:30 Swimming at YMCA 1:30 Bingo (2)	<b>22</b> 10:00 Mini Musicians (1) 1:30 Dollarama Outing	<b>23</b> 10:00 News & Views (6) Walking Program 2:00 Mass (4)	<b>24</b> 10:00 Lexicon (5) 1:30 Out for Ice Cream	<b>25</b>
<b>26</b> 2:30 Carleton Lake George Baptist Church Service (BR)	<b>27</b> 10:00 Exercises (6) 1:30 Men's Group (vets)	<b>28</b> 10:00 Resident Council (BR) 1:30 Bingo (2)	<b>29</b> 10:00 Mini Musicians (2) 1:00 TanJay trunk show (by elevators)	<b>30</b> 10:00 News & Views (6) 2:00 Mass (4)	<b>31</b> 10:00 Lexicon (5) Out for lunch @ Chuck's Diner	