

WEEK # 4

Menu 2019

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<b><u>Breakfast Menu Items For The Week</u></b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	29-Apr MONDAY	30-Apr TUESDAY	1-May WEDNESDAY	2-May THURSDAY	3-May FRIDAY	4-May SATURDAY	5-May SUNDAY
<b>D I N N E R</b>	Vegetable soup  Hot chicken Sandwich  <u>Mashed Potatoes</u> <u>fries</u> <u>Carrots</u>  Banana Cake	Cream Of Onion Soup  Grilled Fish  Mashed Potatoes  Mixed Veg  Fresh Fruit Salad	Mushroom Soup  Boiled Dinner  Boiled Potato Turnips Carrots Cabbage  Pears	Rice Soup  Chicken Fingers  Roasted potatoes  Yellow Beans  Strawberries	Macaroni Soup  Baked Fish  Mashed Potatoes  Broccoli  Mandarin Orange	Cream of Broccoli Soup  Bologna  Mashed Potatoes  peas  Butterscotch Pudding	Barley Soup  Roast Pork  Mashed Potatoes  Cauliflower  Pie
<b>S U P P E R</b>	Vegetable soup  Cabbage Rolls  Mixed Melon	Cream Of Onion Soup  Macaroni and Tomato Sauce  Squares	Mushroom Soup  Chilli and cornmeal bread  Lemon Loaf	Rice Soup  Quiche Tossed Salad  Peaches	* Macaroni Soup  Ham Salad Sandwiches  Cole Slaw  Ice cream roll	Cream of Broccoli Soup  Baked beans Hot dog Brown Bread  Gingerbread whip cream	Barley Soup  Fish Burger  Pom Pom Potatoes  Grapes

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie	Social tea or Arrowroot Cookies	Sweet Bread
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