

WEEK # 1

Menu 2019

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
D I N N E R	Vegetable Beef Soup	Minestrone Soup	Chicken Noodle Soup	Rice Soup	Vegetable Soup	Cream of Broccoli	Chicken Noodle Soup
	Chicken Finger	Baked Fish White Sauce	Boneless Pork Chops Fried Onions Apple Sauce	Shepherds Pie	Grilled Fish	Shake and Bake Chicken	Roast Beef / Gravy Mashed or Baked Potatoes
	Mashed or Roasted Potatoes	Mashed Potatoes	Mashed Potatoes	Peas	Mashed potatoes	Mashed potatoes	Parsnips
	Cauliflower/Cheese Sauce	Carrots	Green Beans	Strawberries	Broccoli	Mashed Turnips Baked Custard	Pie
	Jello / Whipped Cream	Peaches	Cookies		Squares		
S U P P E R	Vegetable Beef Soup	Minestrone Soup	Fish Chowder	* Rice Soup	* Vegetable Soup	Cream of Broccoli	Chicken Noodle Soup
	Chicken Casserole	Mini Sub	Biscuits	Cold Plate	Sloppy Joe on 1/2 bun	Pancakes Ham	Fish Burger
	Fruit Cocktail	Pasta Salad	Cottage Pudding	Mandarin Orange	Fresh Fruit Salad	Lemon Loaf	Home Fries
		Lemon Tarts					Vanilla Pudding

Menu may change without notice

HS Snack Menu Cookies	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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