

WEEK # 5

Menu 2020

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	29-Jun MONDAY	30-Jun TUESDAY	1-Jul WEDNESDAY	2-Jul THURSDAY	3-Jul FRIDAY	4-Jul SATURDAY	5-Jul SUNDAY
D I N N E R	Mushroom Soup	Cream of Carrot	Chicken Noodle Soup	Macaroni Soup	Cream of Chicken	Barley Soup	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Boneless Pork Chops in mushroom sauce	BBQ	Chicken nuggets Roasted wedge pot	Salt Fish	*Hawaiian sausage *	Bake Ham
	Mashed Potatoes	Mashed Potatoes		Mashed Potatoes Brussel Sprout	Mashed /Boiled Potatoes Turnips	Mashed Potato Rice	Scalloped or Mashed Potatoes
	Mixed Vegetable	Broccoli		Tropical Fruit salad	Jello / whip cream	Green Beans	Kernel Corn
	Choc Cake	Pears	Watermelon				
S U P P E R	Mushroom Soup	*	*	*	*		
	French Toast	Cream of Carrot	Fish Chowder	Macaroni Soup	Cream of Chicken	Barley Soup	Bean Soup
	Sausage	Egg Sandwich	Rolls	*	Chicken Burger Carrot Salad	Macaroni and Tomato Sauce	Fish Cakes
	Fruit Cocktail	4 Bean Salad	Peaches	Ham Casserole	Fruit Cocktail	Chow chow	Apple Sauce
	Cottage Pudding	Banana Bread		Vanilla Pudding			

Menu may change without notice

HS Snack Menu						
Toast	Cookies	Nutri Bar	Rice Crispy squares	Cheese & crackers	Toast	Pudding