

WEEK # 1			2020			WEEK # 1		
<u>Breakfast Menu Items For The Week</u>								
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	a Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas		
8								

	13-Jul MONDAY	14-Jul TUESDAY	15-Jul WEDNESDAY	16-Jul THURSDAY	17-Jul FRIDAY	18-Jul SATURDAY	19-Jul SUNDAY
D I N N E R	OL Vegetable Beef Soup	NS Rice Soup	NSJB Chicken Noodle Soup	NL Minestrone Soup	OL Vegetable Soup	OS Cream of Broccoli	NS Chicken Noodle Soup
	Pork Chops Fried Onions Apple Sauce Mashed Potatoes	Baked Fish White Sauce Mashed Potatoes	Chicken Finger Mashed Potatoes or Fries.	Shepherds Pie	Hawaiian Pizza	Shake and Bake Chicken	Roast Beef / Gravy Mashed or Baked Potatoes
	Cauliflower/Cheese Sauce	Carrots	Green Beans Cookies	Peas	fluffy pineapple delight squares	Mashed potatoes	Parsnips
	Jello / Whipped Cream	Peaches		Strawberries		Mashed Turnips Baked Custard	Pie
S U P P E R	Vegetable Beef Soup	Rice Soup	Fish Chowder	* Minestrone Soup	* Vegetable Soup	Cream of Broccoli	Chicken Noodle Soup
	Hot Chicken Sandwich	Mini Sub	Biscuits	Cold Plate	Sloppy Joe on 1/2 bun	Pancakes Ham	Fish Burger
	Fries	Pasta Salad					Home Fries
	Fruit Cocktail	Lemon Tarts	Cottage Pudding	Mandarin Orange	Fresh Fruit Salad	Lemon Loaf	Vanilla Pudding

Menu may change without notice

HS Snack Menu	Social tea or Arrowroot Cookies					
Cookies		Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies

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