

WEEK # 4

Menu 2020

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<u>Breakfast Menu Items For The Week</u>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	3-Aug MONDAY	4-Aug TUESDAY	5-Aug WEDNESDAY	6-Aug THURSDAY	7-Aug FRIDAY	8-Aug SATURDAY	9-Aug SUNDAY
D I N N E R	Vegetable soup	Cream Of Onion Soup	Mushroom Soup	Rice Soup	Macaroni Soup	Cream of Broccoli Soup	Barley Soup
	Marinated steak	Grilled Fish	Boiled Dinner	Chicken Fingers	Baked Fish	Bologna	Roast Pork
	Mashed Potatoes Diced Carrots	Mashed Potatoes	Boiled Potato Turnips Carrots Cabbage	Roasted potatoes	Mashed Potatoes  Broccoli	Mashed Potatoes  peas	Mashed Potatoes  Cauliflower
	Pears	Mixed Veg		Yellow Beans			
		Baked Custard	Fresh Fruit Salad	Strawberries	Mandarin Orange	Butterscotch Pudding	Pie
S U P P E R	Vegetable soup	Cream Of Onion Soup	Mushroom Soup	Rice Soup	*	Cream of Broccoli Soup	Barley Soup
	Chicken A La King on Toast	Cold plate	Pizza	Quiche Tossed Salad	Ham Salad Sandwiches	Baked beans Hot dog Brown Bread	Fish Burger
	Squares	Melon	Lemon Loaf	Peaches	Cole Slaw	Gingerbread whip cream	Pom Pom Potatoe
					Jello / whip cream		Grapes

Menu may change without notice

HS Snack Menu					Scoial tea or Arrowroot Cookies	
Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie		Sweet Bread