

WEEK # 1

2020

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas
8						

	16-Nov MONDAY	17-Nov TUESDAY	18-Nov WEDNESDAY	19-Nov THURSDAY	20-Nov FRIDAY	21-Nov SATURDAY	22-Nov SUNDAY
D I N N E R	Vegetable Beef Soup Boneless Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower Jello	Minestrone Soup Lemon Pepper fish Mashed Potatoes Carrots melon	Chicken Noodle Soup Chicken Finger Mashed Potatoes or Wedge Potatoes Green Beans Cookies	* Rice Soup Shepherds Pie Peas Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Hot chicken sandwich fries Peaches	Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Cottage Pudding	* Rice Soup Chicken Rice Egg Roll Mandarin Orange	* Vegetable Soup Sloppy Joe on 1/2 bun Cole Slaw melon	Cream of Broccoli Pancakes Ham Lemon Loaf

Menu may change without notice

HS Snack Menu Cookies	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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