

WEEK # 3

Menu 2020

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	7-Sep MONDAY	8-Sep TUESDAY	9-Sep WEDNESDAY	10-Sep THURSDAY	11-Sep FRIDAY	12-Sep SATURDAY	13-Sep SUNDAY
D I N N E R	Cream of Mushroom Liver and Onion Yellow Beans Pears	Barley Soup Roast Pork Mashed Potatoes Broccoli Squares	Beef Noodle Soup Chicken Nuggets Mashed Potatoes Carrots Apple crisp	Vegetable Soup Salisbury Steak with Fried Onions and Mushroom Mashed or Baked Potatoes Cauliflower Melon	Hamburger Soup Poached Haddock Egg Sauce Mashed Potatoes Peas Peaches	Cream of Chicken Boneless BBQ Ribblet Mashed Potatoes Rice pilaf Green Beans Grapes	Rice Soup Baked Ham Scalloped or Mashed Potatoes Corn Pie
S U P P E R	Cream of Mushroom Hot turkey Sandwich Fries Blueberry Cake	Barley Soup Rappie Pie Brown Bread Tropical Fruit Salad	Beef Noodle Soup Spaghetti and Meat sauce Garlic Bread Pudding	Vegetable Soup Pancake Sausage Pineapple Cake	* Hamburger Soup Chicken Stew Biscuit Pumpkin Tarts	Cream of Chicken Chicken on the Bone wedge potatoes Apple Sauce	Rice Soup Cabbage rolls Blueberry Cobbler

Menu may change without notice

HS Snack Menu Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	Crackers With Peanut Butter or Cheese
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