

WEEK # 6

Menu 2020

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<u>Breakfast Menu Items For The Week</u>						
Oatmeal	Eggs Any Style	Toast	Milk	Assortment	Tea	1/2 Grapefruit
Cold Cereal				Of Fruit Juices	Coffee	1/2 Orange
Cream of Wheat	Bacon	Assorted Muffins				Bananas

	20-Jan MONDAY	21-Jan TUESDAY	22-Jan WEDNESDAY	23-Jan THURSDAY	24-Jan FRIDAY	25-Jan SATURDAY	26-Jan SUNDAY
D I N N E R	Loose Hamburger Sandwich Mashed potatoes Yellow Beans Stewed Rhubarb	Barley Soup Poached Fish White Sauce Mashed potatoes Peas Jello/ whip cream	Cream of Mushroom Swiss Steak Mashed or Boiled Potatoes Parnips Peaches	Vegetable Soup Sweet and Sour Chicken Mashed Potatoes Brown Rice Broccoli Strawberries	Cabbage Soup Fried Fish Mashed potatoes Green Bean Spanish Cream	Cream of Broccoli Meat Loaf Mashed potatoes Peas and Carrots Brownies	Tomato Soup Roast Chicken Dressing Gravy Mashed Potatoes Squash Coconut Cream Pie
S U P P E R	Beef Noodle Soup Pancake Sausage Gingerbread Whip Cream	Barley Soup Lasagna Garlic Bread Fruit Cocktail	Cream of Mushroom Egg Sandwich Salad Apple Crisp	Vegetable Soup Pulled Pork on a bun cole slaw Fruit Cobbler Whip Cream	Cabbage Soup Beef Stroganoff Noodles White Cake / Lemon Sauce	Cream of Broccoli Baked Beans Rolls Butterscotch Pudding	Tomato Soup Fish Nuggets Home Fries Pears

Menu may change without notice

HS Snack Menu				Crackers With Peanut Butter or Cheese		
Cookies	Pudding	Ice cream&cookie	Toast		Toast & Cereal	Cookies