

WEEK # 1

Menu 2021

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	29-Nov MONDAY	30-Nov TUESDAY	1-Dec WEDNESDAY	2-Dec THURSDAY	3-Dec FRIDAY	4-Dec SATURDAY	5-Dec SUNDAY		
D I N N E R	Vegetable Beef Soup Boneless Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower Jello / Whipped Cream	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Finger Mashed Potatoes or wedge potatoes Green Beans Cookies	*	Rice Soup Shepherds Pie Peas Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Lemon Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie	
	S U P P E R	Vegetable Beef Soup Hot chicken sandwich Pom Pom Fruit Cocktail	Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Lemon Loaf	*	Rice Soup Chicken Fried Rice Egg Roll Mandarin Orange	*	Vegetable Soup Sloppy Joe on 1/2 bun Tropical Fruit Salad	Cream of Broccoli Pancakes Ham Cottage Pudding

Menu may change without notice

HS Snack Menu Cookies	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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