

WEEK # 3

Menu 2021

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	11-Jan MONDAY	12-Jan TUESDAY	13-Jan WEDNESDAY	14-Jan THURSDAY	15-Jan FRIDAY	16-Jan SATURDAY	17-Jan SUNDAY
D I N N E R	Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable rice Soup	Hamburger Soup	Cream of Chicken	Rice Soup
	steak and Onion	Roast Pork	Chicken Cacciatore	Salisbury Steak with Fried Onions and Mushroom	Poached fish	Boneless BBQ Ribblet	Baked Ham
	Mashed Potatoes	Mashed Potatoes Gravy	Mashed Potatoes Rice	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes Rice pilaf	Scalloped or Mashed Potatoes
	Yellow Beans	Peas and Carrot	Broccoli	Cauliflower	Peas	Green Beans	Corn
	Pears	Squares	Apple crisp	Melon	Peaches	Grapes	Pie
S U P P E R	Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable rice Soup	Hamburger Soup	Corn Chowder	Rice Soup
	Chicken Sandwich	Rappie Pie	Spaghetti and Meat sauce	Pancake	Macaroni and Cheese	Rolls	Corned Beef Hash
	Cole Slaw	Brown Bread	Garlic Bread	Sausage			Chow chow
	Blueberry Cake	Tropical Fruit Salad	Pudding	Pineapple Cake	Pumpkin Tarts	Apple Sauce	Jello

Menu may change without notice

HS Snack Menu						Crackers With Peanut Butter or Cheese
Toast	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	