

WEEK # 4

Menu 2021

WEEK # 4

Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	18-Jan MONDAY	19-Jan TUESDAY	20-Jan WEDNESDAY	21-Jan THURSDAY	22-Jan FRIDAY	23-Jan SATURDAY	24-Jan SUNDAY
D I N N E R	Vegetable soup Liver and Onions <u>Mashed Potatoes</u> <u>Carrots</u> Jello	Cream Of Onion Soup Baked Fish Mashed Potatoes Mixed Veg Tropical Fruit Salad	Mushroom Soup Boiled Dinner Boiled Potato Turnips Carrots Cabbage Bread pudding	Cabbage Soup Fried Bologna Mashed Potatoes Yellow Beans Strawberries	Macaroni Soup Smoked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Chicken Fingers Mashed or Roasted potatoes peas Butterscotch Pudding	Barley Soup Roast Pork Mashed Potatoes Cauliflower Pie
S U P P E R	Vegetable soup Cabbage Rolls Pears	Cream Of Onion Soup Cold plate Squares	Mushroom Soup Chicken A la King on Toast Watermelon	Cabbage Soup Quiche Tossed Salad Lemon Loaf	* Macaroni Soup Ham Salad Sandwiches Cole Slaw Baked Custard	Cream of Broccoli Soup Baked beans Hot dog Brown Bread Gingerbread whip cream	Barley Soup Fish Sticks Sliced Tomatoes Pom Pom Potatoe Grapes

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie	Social tea or Arrowroot Cookies	Toast and Cheese
---------------------------------------	-----------	---------	-------	--------------------	---------------------------------------	------------------