

WEEK # 3

Menu 2021

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	28-Jun MONDAY	29-Jun TUESDAY	30-Jun WEDNESDAY	1-Jul THURSDAY	2-Jul FRIDAY	3-Jul SATURDAY	4-Jul SUNDAY
D I N N E R	Cream of Mushroom marinated steak fried onions Mashed Potatoes Yellow Beans Pears	Barley Soup Sweet and Sour meatballs Mashed Potatoes Rice Pilaf Broccoli Apple Crisp	Rice Soup Honey Garlic Chicken breast Mashed Potatoes Carrots Choclate Cake	Vegetable Soup Salisbury Steak with Fried Onions and Mushroom Mashed or Baked Potatoes Cauliflower Squares	Hamburger Soup poached haddock Mashed Potatoes Peas Peaches	Cream of Chicken Liver and onions Mashed Potatoes Green Beans Melon	Tomato Rice Soup Baked Ham Scalloped or Mashed Potatoes Corn Pie
S U P P E R	Cream of Mushroom Chicken Sandwich Cole Slaw Blueberry Cake	Barley Soup Rappie Pie Brown Bread Tropical Fruit Salad	Rice Soup Spaghetti and Meat sauce Garlic Bread pudding	Vegetable Soup Pancake Sausage Jello with whip cream	* Hamburger Soup Chicken Stew Biscuit Pumpkin Tarts	Fish Chowder Rolls Apple Sauce	Tomato Rice Soup Corned Beef Hash Chow chow Strawberries

Menu may change without notice

HS Snack Menu Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	Crackers With Peanut Butter or Cheese
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