

WEEK # 4

Menu 2021

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	5-Jul MONDAY	6-Jul TUESDAY	7-Jul WEDNESDAY	8-Jul THURSDAY	9-Jul FRIDAY	10-Jul SATURDAY	11-Jul SUNDAY
D I N N E R	Macaroni Soup Bologna Mashed Potatoes peas and carrots Baked Custard	Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg Tropical Fruit Salad	Mushroom Soup Boiled Dinner Boiled Potato Turnips Carrots Cabbage Melon	Rice Soup Chicken Fingers Mashed Potatoes Baby Roast potatoes Yellow Beans Strawberries	Vegetable soup Baked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Marinated steak fried onions Mashed Potatoes Green Beans Butterscotch Pudding	Barley Soup Roast Pork Mashed Potatoes Cauliflower Pie
S U P P E R	Macaroni Soup Hot Turkey Sandwich Fries Pears	Cream Of Onion Soup cold plate Squares	* Mushroom Soup Ham Salad Sandwiches Carrot Salad Lemon Loaf	Rice Soup Quiche Tossed Salad Peaches	Hearty Chicken Vegetable Soup Rolls Jello / whip cream	Cream of Broccoli Soup Baked beans Hot dog Brown Bread Gingerbread whip cream	Barley Soup Fish Burger Pom Pom Potatoe Grapes

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Pudding	Social tea or Arrowroot Cookies	Toast and jam
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