

WEEK # 1

Menu 2021

WEEK # 1

Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	22-Mar MONDAY	23-Mar TUESDAY	24-Mar WEDNESDAY	25-Mar	26-Mar FRIDAY	27-Mar SATURDAY	28-Mar SUNDAY
D I N N E R	Vegetable Beef Soup OL Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower/Cheese Sauce Jello / Whipped Cream	Minestrone Soup NL Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup NS Chicken Finger Mashed Potatoes or Fries. Green Beans Cookies	Rice Soup NS Shepherds Pie Peas Strawberries	Vegetable Soup OS Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli OS Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup NS Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	Vegetable Beef Soup Chicken a La King on Toast Fruit Cocktail	Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Cottage Pudding	* Rice Soup Cold Plate Mandarin Orange	* Vegetable Soup Sloppy Joe on 1/2 bun Fresh Fruit Salad	Cream of Broccoli Pancakes Ham Lemon Loaf	Chicken Noodle Soup Fish Burger Home Fries Vanilla Pudding

Menu may change without notice

HS Snack Menu	Social tea or Arrowroot Cookies					
Cookies		Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies