

WEEK # 1

Menu 2019

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	6-Sep * MONDAY *	7-Sep TUESDAY	8-Sep WEDNESDAY	9-Sep	10-Sep FRIDAY	11-Sep SATURDAY	12-Sep SUNDAY
D I N N E R	Vegetable Beef Soup Bloneless Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower/Cheese Sauce Orange Sorbet	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Finger Mashed Potatoes Green Beans Cookies	Rice Soup Shepherds Pie Peas Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Hot Chicken Sandwich Fries Fruit Cocktail	Minestrone Soup Mini Sub Caesar Salad Lemon Tarts	Fish Chowder Biscuits Fresh Fruit Salad	* Rice Soup Chicken Fried Rice egg rolls Mandarin Orange	* Vegetable Soup Pizza Cottage Pudding	Cream of Broccoli Pancakes Ham Lemon Loaf

Menu may change without notice

HS Snack Menu						
Cookies	Arrowroot	Nutri Bar	Toast	Cake	Ice Cream	Cookies