

WEEK # 3

Menu 2021

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<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	20-Sep MONDAY	21-Sep TUESDAY	22-Sep WEDNESDAY	23-Sep THURSDAY	24-Sep FRIDAY	25-Sep SATURDAY	26-Sep SUNDAY
<b>D I N N E R</b>	Cream of Mushroom  Dinner Sausage  Mashed Potatoes  Sauerkraut  Carrots  Pears	Barley Soup  Stuffed Chicken  Mashed Potatoes  Broccoli  Melon	Rice Soup  BBQ  Apple Crisp	Vegetable Soup  Salisbury Steak with Fried Onions and Mushroom  Mashed or Baked Potatoes Cauliflower  Squares	Hamburger Soup  poached haddock  Mashed Potatoes  Peas  Peaches	Cream of Chicken  Rib style pork cutlet in BBQ sauce  Mashed Potatoes Rice pilaf  Green Beans  Grapes	Tomato Rice Soup  Baked Ham  Scalloped or Mashed Potatoes  Corn  Pie
<b>S U P P E R</b>	Cream of Mushroom  Chicken Sandwich  Cole Slaw Cheesies  Blueberry Cake	Barley Soup  Rappie Pie  Brown Bread  Tropical Fruit Salad	Rice Soup  Spaghetti and Meat Sauce  Garlic Bread  Pineapple Cake	Vegetable Soup  Pancake  Sausage  pudding	* Hamburger Soup  Chicken Stew  Biscuit  Pumpkin Tarts	Fish Chowder  Rolls  Apple Sauce	Tomato Rice Soup  Corned Beef Hash  Chow chow  Blueberry Cobbler

Menu may change without notice

<b>HS Snack Menu</b>						<b>Crackers With Peanut Butter or Cheese</b>
Toast	pudding	Fig cookies	Toast	Nutri Grain Bars	Wafer Cookies	