

WEEK # 3

Menu 2022

Flip over for week 4

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	18-Apr MONDAY	19-Apr TUESDAY	20-Apr WEDNESDAY	21-Apr THURSDAY	22-Apr FRIDAY	23-Apr SATURDAY	24-Apr SUNDAY
D I N N E R	Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	Hamburger Soup	Cream of Chicken	Rice Soup
	Liver and Onion	Sweet and Sour Pork	Glazed Chicken Breast	Salisbury Steak with Fried Onions and Mushroom	salmon in dill sauce	Boneless BBQ Ribblet	Roast Turkey Dressing Gravy
	Mashed Potatoes	Mashed Potatoes Rice Pilaf	Mashed Potatoes	Mashed or Baked Potatoes Cauliflower	Mashed Potatoes	Mashed Potatoes Rice pilaf	Mashed Potatoes
	Yellow Beans	Broccoli	Carrots		Peas	Green Beans	Green beans
	Pears	lemon Squares	Apple crisp	Melon	Peaches	Grapes	Pie
S U P P E R	Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	*	Corn Chowder	Rice Soup
	Chicken Sandwich	Rappie Pie	Spaghetti and Meat sauce	Pancake	Chicken Stew	Rolls	Corned Beef Hash
	Cole Slaw	Brown Bread	Garlic Bread	Sausage	Biscuit		Chow chow
	Blueberry Cake	Fruit Salad	Pudding	Pineapple Cake	Pumpkin Tarts	Blueberry Cobbler	Apple Sauce

Menu may change without notice

HS Snack Menu						Crackers With Peanut Butter or Cheese
Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	