

WEEK # 5

Menu 2022

please flip over for week 6

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<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	5-Sep MONDAY	6-Sep TUESDAY	7-Sep WEDNESDAY	8-Sep THURSDAY	9-Sep FRIDAY	10-Sep SATURDAY	11-Sep SUNDAY
<b>D I N N E R</b>	Cream of Carrot	Macaroni Soup	Chicken Noodle Soup	Mushroom Soup	Cream of Chicken	Barley Soup	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Poached Haddock	Chicken breast Honey Galic Sauce	Lasagna	Salt Fish Dinner Pork Scraps Mashed /Boiled Potatoes	Dinner Sasusage	Bake Ham
	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes			Mashed Potatoes	Scalloped or Mashed Potatoes
	Mixed Vegetable	Diced Carrots	Brussel Sprout		Turnips	Yellow Beans	Kernel Corn
	Choc Cake	tapioca Pudding	Pears	Strawberries	Jello / whip cream	Mandarin Orange	Lemon Pie
<b>S U P P E R</b>	Cream of Carrot	* Macaroni Soup	* Fish Chowder	* Mushroom Soup	* Cream of Chicken	Barley Soup	Bean Soup
	French Toast	Egg Sandwich	Rolls	Ham Casserole	Hamburger / Bun	Chicken on bone Potato Salad Cole slaw	Fish Cakes
	Sausage	Salad			Pom pom Sliced Tomatoes		Chow chow
	Fruit Cocktail	Peaches	Vanilla Pudding	Fruit Cocktail	Cottage Pudding	Banana Bread	Apple Sauce

Menu may change without notice

HS Snack Menu						
Toast	Cookies	Nutri Bar	Toast	Cheese & crackers	Toast	Pudding or Yogurt