

WEEK # 4

Menu 2022

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	31-Jan MONDAY	1-Feb TUESDAY	2-Feb WEDNESDAY	3-Feb THURSDAY	4-Feb FRIDAY	5-Feb SATURDAY	6-Feb SUNDAY
D I N N E	Macaroni Soup Bologna Mashed Potatoes peas and carrots Baked Custard	Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg Tropical Fruit Salad	Mushroom Soup Boiled Dinner Boiled Potato Turnips Carrots Cabbage Melon	Cabbage Soup Chicken Fingers Wedge potatoes Yellow Beans Strawberries	Vegetable soup Baked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Marinated steak fried onions Mashed Potatoes Green Beans Butterscotch Pudding	Barley Soup Roast Pork Mashed Potatoes Cauliflower Pie
S U P P E R	Macaroni Soup fish Nuggets Pom Pom Potatoes Chow Pears	Cream Of Onion Soup Ham Salad Sandwiches Sliced Cucumber Squares	* Mushroom Soup Pizza Lemon Loaf	Cabbage Soup Quiche Tossed Salad Peaches	Hearty Chicken Vegetable Soup Rolls Jello / whip cream	Cream of Broccoli Soup Baked beans Hot dog corn bread Gingerbread whip cream	Barley Soup Fish Burger potato hash log Grapes

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Pudding	Social tea or Arrowroot Cookies	Toast and jam
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