

WEEK # 1

Menu 2022

Flip over for week 2

WEEK # 1

Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	16-May MONDAY	17-May TUESDAY	18-May WEDNESDAY	19-May THURSDAY	20-May FRIDAY	21-May SATURDAY	22-May SUNDAY
D I N N E R	Vegetable Beef Soup Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower/Cheese Sauce Jello / Whipped Cream	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Finger Mashed Potatoes or Fries. Green Beans Cookies	Rice Soup Shepherds Pie Peas Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Lemon Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	Vegetable Beef Soup Hot Chicken Sandwich Fries Fruit Cocktail	Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Cottage Pudding	* Rice Soup Chicken Fried Rice Egg Roll Mandarin Orange	* Vegetable Soup Sloppy Joe on 1/2 bun Tropical Fruit Salad	Cream of Broccoli Pancakes Ham Cottage Pudding	Chicken Noodle Soup Fish Burger Home Fries Vanilla Pudding

Menu may change without notice

HS Snack Menu Toast	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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