

WEEK # 3			Menu 2023			WEEK # 3		
<u>Breakfast Menu Items For The Week</u>								
Oatmeal	Eggs Any Style	Toast	Milk	Assortment Of Fruit Juices	Tea	1/2 Grapefruit		
Cold Cereal					Coffee	1/2 Orange		
Cream of Wheat	Bacon	Assorted Muffins				Bananas		

	6-Feb MONDAY	7-Feb TUESDAY	8-Feb WEDNESDAY	9-Feb THURSDAY	10-Feb FRIDAY	11-Feb SATURDAY	12-Feb SUNDAY
D I N N E R	<b>LI</b> Cream of Mushroom	<b>LE</b> Barley Soup	<b>LN</b> Beef Noodle Soup	<b>NN</b> Vegetable Soup	<b>NI</b> Hamburger Soup	<b>NI</b> Hamburger Soup	<b>LI</b> Rice Soup
		Sweet and Sour Pork	Glazed Chicken	Salisbury Steak with Fried Onions and Mushroom	Baked Haddock Egg Sauce	Rib-Style Pork Cutlet in BBQ sauce	Baked Ham
	Liver and Onion	Mashed Potatoes	Mashed Potatoes		Mashed Potatoes	Mashed Potatoes	Scalloped or Mashed Potatoes
	Yellow Beans	Rice Pilaf	Carrots	Mashed or Baked Potatoes	Peas	Green Beans	Corn
	Pears	Broccoli		Cauliflower	Peaches	Grapes	
	Squares	Apple crisp		Melon			Pie
S U P P E R	* Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	Chicken Stew	Fish Chowder	Rice Soup
	Hot Chicken sandwich	Rappie Pie	Spaghetti and Meat sauce	Pancake	Biscuit	Rolls	Corned Beef Hash
	Cole Slaw	Brown Bread	Garlic Bread	Sausage	Biscuit	Fish Chowder Rolls	Chow chow
	Blueberry Cake	Fruit Salad	Pudding	Pineapple Cake	Pumpkin Tarts	Apple Sauce	Blueberry Cobbler

Menu may change without notice

HS	Snack Menu						Crackers With Peanut Butter or Cheese
	Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	