

WEEK # 5

Menu 2023

Flip over for week 6

WEEK # 5

Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	20-Feb MONDAY	21-Feb TUESDAY	22-Feb WEDNESDAY	23-Feb THURSDAY	24-Feb FRIDAY	25-Feb SATURDAY	26-Feb SUNDAY
D I N N E R	Cream of Carrot	Macaroni Soup	Chicken Noodle Soup	Mushroom Soup	Cream of Chicken	Barley Soup	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Poached Haddock	Lasagna	boneless pork chop fried onion	Salt Fish Dinner Pork Scraps	Dinner Sasusage	Bake Ham
	Mashed Potatoes	Mashed Potatoes	Garlic bread	Mashed Potatoes	Mashed /Boiled Potatoes	Mashed Potatoes	Scalloped or Mashed Potatoes
	Mixed Vegetable	Diced Carrots		Brussel Sprout	Turnips	Yellow Beans	Kernel Corn
	Choc Cake	tapioca Pudding	Pears	Strawberries	Jello / whip cream	Mandarin Orange	Lemon Pie
S U P P E R		*	*	*	*		
	Cream of Carrot	Macaroni Soup	Fish Chowder	Mushroom Soup	Cream of Chicken	Barley Soup	Bean Soup
	French Toast	Egg Sandwich			Hamburger / Bun	Chicken on bone	Fish Cakes
	Sausage	Salad	Rolls	Ham Casserole	Pom pom Sliced Tomatoes	Potato Salad Cole slaw	Chow chow
	Fruit Cocktail	Peaches	Vanilla Pudding	Fruit Cocktail	Cottage Pudding	Banana Bread	Apple Sauce

Menu may change without notice

HS Snack Menu						
Toast	Cookies	Nutri Bar	Toast	Cheese & crackers	Toast	Pudding or Yogurt