

WEEK # 1

Menu 2023

Flip over for week 2

WEEK # 1

<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Orange Bananas

	2-Oct MONDAY	3-Oct TUESDAY	4-Oct WEDNESDAY	5-Oct THURSDAY	6-Oct FRIDAY	7-Oct SATURDAY	8-Oct SUNDAY
D I N N E R	Vegetable Beef Soup  Pork Chops Fried Onions Apple Sauce Mashed Potatoes  Cauliflower/Cheese Sauce  Jello / Whipped Cream	Minestrone Soup  Baked Fish White Sauce  Mashed Potatoes  Carrots  Peaches	Chicken Noodle Soup  Chicken Finger  Mashed Potatoes or Fries.  Green Beans Cookies	Vegetable Soup  Shepherds Pie  Peas  Strawberries	Rice Soup  Lemon Pepper Fish Mashed potatoes  Broccoli  Date Squares	Cream of Broccoli  Shake and Bake Chicken  Mashed potatoes  Carrots Baked Custard	Chicken Noodle Soup  Rappie Pie    Applesauce
	S U P P E R	Vegetable Beef Soup  Hot Chicken Sandwich  Fries  Fruit Cocktail	Minestrone Soup  Mini Sub  Pasta Salad  Lemon Tarts	Corn Chowder  Biscuits  Mandarin Orange	* Vegetable Soup  Chicken Fried Rice  Egg Roll  Cinnamon Loaf	* Rice Soup  Goulash  Fruit Cocktail	Cream of Broccoli  Pancakes Ham  Cottage Pudding

Menu may change without notice

HS Snack Menu  Toast	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Ice Cream	Cookies
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