

WEEK # 4

Menu 2023

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<b><u>Breakfast Menu Items For The Week</u></b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast	Milk	Assortment Of Fruit Juices	Tea  Coffee	Bananas

	23-Oct MONDAY	24-Oct TUESDAY	25-Oct WEDNESDAY	26-Oct THURSDAY	27-Oct FRIDAY	28-Oct SATURDAY	29-Oct SUNDAY
<b>D I N N E</b>	Macaroni Soup  Bologna  Mashed Potatoes  peas and carrots  Baked Custard	Cream Of Onion Soup  Grilled Fish  Mashed Potatoes  Mixed Veg  Fruit	Mushroom Soup  Boiled Dinner  Boiled Potato Turnips Carrots Cabbage  Melon	Cabbage Soup  Stuffed chicken breast  Mashed Potatoes  Yellow Beans  Strawberries	Vegetable soup  Baked Fish  Mashed Potatoes  Broccoli  Mandarin Orange	Cream of Broccoli Soup  Chicken Fingers  Mashed Potatoes Wedge potatoes Green Beans  Butterscotch Pudding	Barley Soup  Roast Pork  Mashed Potatoes  Cauliflower  Pie
<b>S U P P E R</b>	Macaroni Soup  fish Nuggets Pom Pom Potatoes Chow  Pears	Cream Of Onion Soup  Ham Salad Sandwiches  Sliced Cucumber  Lemon Loaf	* Tomato Soup  Grill Cheese Sandwich  Side Sauasge  Squares	Cabbage Soup  Quiche  Pasta Salad  Peaches	Hearty Chicken Vegetable Soup  Rolls  Jello / whip cream	Cream of Broccoli Soup  Baked beans Hot dog brown bread  Gingerbread whip cream	Barley Soup  Fish Burger  potato hash log  Grapes

Menu may change without notice

HS Snack Menu  Voortman Cookies	Nutri Bar	Cookies	Toast	Pudding	Social tea or Arrowroot Cookies	Toast and jam
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