


WEEK # 6

Menu 2023

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<u>Breakfast Menu Items For The Week</u>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Orange Bananas

	6-Nov *MONDAY	7-Nov TUESDAY	8-Nov WEDNESDAY	9-Nov THURSDAY	10-Nov FRIDAY	11-Nov SATURDAY	12-Nov SUNDAY
D I N N E R	Beef Noodle Soup	Barley Soup	Cream of Mushroom	Vegetable Soup	Cream of Chicken	Rib Style pork cutlet Mashed potatoes peas and carrots  Spanish Cream	Tomato Soup
	Hamburger in gravy	Poached Fish	Swiss Steak	Sweet and Sour Chicken	Fried Fish		Roast Chicken Dressing Gravy
	Mashed potatoes	White Sauce	Mashed or Boiled Potatoes	Mashed Potatoes	Mashed potatoes		Mashed Potatoes
	Yellow Beans	Mashed potatoes	Parnips	Rice	Green Bean		Squash
	Stewed Rhubarb	Peas	Jello/ whip cream	Broccoli	Brownies		Coconut Cream Pie
S U P P E R	Beef Noodle Soup	Barley Soup	Cream of Mushroom	Vegetable Soup	Cream of Chicken	Rice Soup	Tomato Soup
	Egg Sandwich	Cabbage Rolls	Pancake	Cream peas on toast	Heart Chicken Soup	Baked Beans	Fish Nuggets
	Salad		Sausage	Cheddar Cheese	Biscuit	Rolls	Home Fries
	Apple crisp	Fruit Cocktail	Gingerbread Whip Cream	German Apple Cake	Butterscotch Pudding	White Cake / Lemon Sauce	Pears

Menu may change without notice

HS Snack Menu				Crackers With Peanut Butter or Cheese		
Toast	Pudding	Ice cream	Toast	Toast or Cereal	Cookies	