WEEK # 3			Menu 2024	Flip over for week 4		WEEK # 3		
Breakfast Menu Items For The Week								
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Bagels	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Orange Bananas		
9-Dec	10-Dec	11-Dec	12-Dec	13-Dec	14-Dec	15-Dec		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	Hamburger Soup	Hamburger Soup	Rice Soup		
Liver and Onion	Sweet and Sour Pork Mashed Potatoes Rice Pilaf	Glazed Chicken Thighs Mashed Potatoes	Salisbury Steak with Fried Onions and Mushroom Mashed or Baked	Baked Haddock Egg Sauce Mashed Potatoes	Rib-Style Pork Cutlet in BBQ sauce Mashed Potatoes Rice pilaf	Baked Ham Scalloped or Mashed Potatoes		
Yellow Beans	Broccoli	Carrots	Potatoes Cauliflower	Peas	Green Beans	Corn		
Pears	Squares	Apple crisp	Stewed Pears	Peaches	Mandarin orange	Pie		
Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	* Chicken Stew	Fish Chowder	Rice Soup		
Hot Chicken sandwich	Rappie Pie Brown Bread	Spaghetti and Meat sauce	Pancake Sausage	Biscuit	Rolls	Corned Beef Hash Chow chow		
Fries Blueberry Cake	Fruit Cocktail	Garlic Bread Pudding	Pineapple Cake	Pumpkin Tarts	Apple Sauce	Blueberry Cobbler		

HS Snack Menu						Crackers With
						Peanut Butter
Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	or Cheese