	WEEK # 3			Menu 2024		Flip over for week 4	WEEK # 3
	Breakfast Menu Items For The Week						
	Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Orange Bananas
	16-Sep MONDAY	17-Sep TUESDAY	18-Sep WEDNESDAY	19-Sep THURSDAY	20-Sep FRIDAY	21-Sep SATURDAY	22-Sep SUNDAY
D I N N E R	Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	Hamburger Soup	Cream of Chicken	Rice Soup
	Liver and Onion Yellow Beans	Sweet and Sour Pork Mashed Potatoes Rice Pilaf Broccoli	BBQ potato salad cole slaw pasta salad	Salisbury Steak with Fried Onions and Mushroom Mashed or Baked Potatoes Cauliflower	Baked Haddok egg sauce Mashed Potatoes Peas	Boneless BBQ Ribblet Mashed Potatoes Rice pilaf Green Beans	Baked Ham Scalloped or Mashed Potatoes Corn
	Pears	Squares	Melon	Apple crisp	Peaches	Grapes	Pie
S U P E R	Cream of Mushroom Hot Chichen	Barley Soup Rappie Pie	Beef Noodle Soup	Vegetable Soup Pancake	Hamburger Soup	Corn Chowder	Rice Soup Corned Beef Hash
	Fries Cole Slaw	Brown Bread	Meat sauce Garlic Bread	Sausage	Chicken Stew Biscuit	Rolls	Chow chow
	Blueberry Cake	Fruit Salad	Pineapple Cake	Pudding	Pumpkin Tarts	Apple Sauce	Peach Cobbler
Menu may change without notice							
	HS Snack Menu						Crackers With Peanut Butter
	Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	or Cheese