

Recreation Calendar
 Programmers: Karla & MC
 Therapist: Charlotte

July 2024



Please note: all programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy Canada Day	2 10:00 Music & Memory - V1 2:00 Bingo - GH	3 10:00 Out for a Drive - O 2:00 Ice Cream Social - GH	4 10:00 Exercises with Rehab & Rec - GH 2:00 Mass - CH	5 1:30 Garden Social (Weather Depending) - GAR 4:30 Beaux Vendredis Supper - O	
7	8 10:00 Music with Sheila - V2 2:00 Exercises with Rehab & Rec - GH	9 2:00 Bingo - GH	10 10:00 Arts & Crafts - GH 2:00 Music With Paul & Friends - GH	11 10:00 Sensory 1:1's - SR 2:00 Mass - CH	12 Lexicon Delivery - V 10:00 Out for a Drive - O 2:00 Music with Linda & the Boys - GH	13
	14 10:00 Exercises with Rehab & Rec - GH 2:00 Msic with Tusket River Jammers - GH	15 10:00 Garden Strolls/Walking Program - GAR 2:00 Bingo - GH	16 10:00 Holy Trinity Service - CH 11:30 Port Maitland Beach Day	17 10:00 Morning Mindfulness - CH 2:00 Mass - CH	18 Lexicon Delivery - V 10:00 Nail Spa - GH 2:00 Music with Bob & Friends - GH	
21	22 10:00 Sensory 1:1's - SR 2:00 Exercises with Rehab & Rec - GH	23 10:00 Garden Strolls/Walking Program 2:00 Bingo - GH	24 10:30 Castle Lake Camp Day	25 10:00 Boccia Ball - GH 2:00 Mass - CH	26 Lexicon Delivery - V 10:00 Card & Board Games - V5 2:00 Birthday Party with Young at Heart - GH	27
	28 10:30 Ladies Tea Talk / Rooftop Social - V6 2:00 Exercises with Rehab & Rec - GH	29 A.M - Carnival Day Prep 2:00 Bingo - GH	30 10:00 Resident Council - BR 1:30 Family/ Community Carnival			31

July Birthdays: Lois LeCain 1st, Kay Doucette 22nd,