

WEEK # 1

Menu 2024

Flip over for week 2

WEEK # 1

Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	22-Jul MONDAY	23-Jul TUESDAY	24-Jul WEDNESDAY	25-Jul THURSDAY	26-Jul FRIDAY	27-Jul SATURDAY	28-Jul SUNDAY
D I N N E R	Vegetable Beef Soup pork chop fried onion Mashed Potatoes cauliflower/cheese sauce Jello / Whipped Cream	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrot Peaches	Chicken Noodle Soup Glazed Chicken thighs Mashed Potatoes Green Beans Cookies	Vegetable Soup Shepherds Pie Peas Strawberries	Rice Soup BBQ Potato salad Cole slaw Pasta salad Watermelon	Cream of Broccoli Chicken Finger Mashed Potatoes or Fries. mashed Turnip Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Hot Chicken Sandwich Fries Fruit Cake	Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Mandarin Orange	* Vegetable Soup Chicken Fried Rice Egg Roll Cinnamon Loaf	* Rice Soup Omelet Bake Sausage Toast Fruit Cocktail	Cream of Broccoli Pancakes Ham Cottage Pudding

Menu may change without notice

HS Snack Menu Toast	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Ice Cream	Cookies
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