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WEEK # 3				F Th M/ !	filp over for week4	WEEK # 3
0.1	E A O(!	T		S For The Week	T	A I
	• • • •	loast	_			Apples
	_					Orange
Cream of Wheat	Bacon on Sunday		Sliced cheese	Of Fruit Juices	Milk	Bananas
07-Jul	08-Jul	09-Jul	10-Jul	11-dul	12-Jul	13-Jul
						SUNDAY
MONDAI	TOLODAT	WEDNEODAT	IIIONODAI	TIMEAT	OATONDAT	OONDAT
Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	Hamburger Soup	Hamburger Soup	Rice Soup
	Sweet and Sour	Glazed Chicken	Salisbury Steak	Poached Salmon	BBQ rib style pork	Baked Ham
	Pork			Hollandaise Sauce	cutlet	
Liver and Onion		Mashed Potatoes	and mushroom			Scalloped or Mashed
	Mashed Potatoes			Mashed Potatoes		Potatoes
	Rice Pilaf	Carrots	Mashed or Baked		Rice pilaf	
Yellow Beans			Potatoes	Peas		Corn
	Broccoli		Cauliflower		Green Beans	
		Apple Crisp				
Pears	Squares		Lazy Day Salad	Stewed Peaches	Mandarin Orange	Pie
Croam of Mushroom	Barley Soun	Roof Noodle Soup	Vegetable Soup	*	Fish Chawdar	Rice Soup
Orealli of Musilioolii	Danley Goup	Beer Noodie Goup	vegetable ooup	Garlie fingers	i isii Ollowdei	Nice Soup
Chickon Barmosan	Pannio Dio	Hamburgar in Run		_		Corned Beef Hash
CHICKEH Fallicsall	ivabble Lie	Halliburger III Bull	Tuna Cassarola	Onicken Ceasar Saidu		Conteu Deet Hasii
	Brown Broad	Pom Pom	i ulia Cassellile		Rolle	Pickles
	DIOWII DICAU	i oni roni			IVOIIS	i ickies
Blueberry Cake	Fruit Cocktail	Puddina	Pineapple Cake	Pumpkin Tarts	Apple Sauce	Baker's Choice
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Menu may change with	out notice		•			
HS Snack Menu						Crackers With
						Peanut Butter
Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	or Cheese
	Liver and Onion Yellow Beans Pears Cream of Mushroom Chicken Parmesan Blueberry Cake Menu may change with	Oatmeal Cold Cereal Cream of Wheat O7-Jul O8-Jul MONDAY TUESDAY Cream of Mushroom Liver and Onion Yellow Beans Pears Cream of Mushroom Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Broccoli Pears Squares Cream of Mushroom Chicken Parmesan Rappie Pie Brown Bread Blueberry Cake Fruit Cocktail Menu may change without notice	Oatmeal Cold Cereal Cream of Wheat O7-Jul O8-Jul MONDAY TUESDAY WEDNESDAY Cream of Mushroom Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Pears Cream of Mushroom Barley Soup Beef Noodle Soup Mashed Potatoes Rice Pilaf Carrots Broccoli Apple Crisp Cream of Mushroom Barley Soup Beef Noodle Soup Mashed Potatoes Rice Pilaf Carrots Broccoli Apple Crisp Cream of Mushroom Barley Soup Beef Noodle Soup Hamburger in Bun Brown Bread Pom Pom Blueberry Cake Fruit Cocktail Menu may change without notice HS Snack Menu	Oatmeal Cold Cereal Bagels Bacon on Sunday O7-Jul O8-Jul O9-Jul 10-Jul MONDAY TUESDAY WEDNESDAY THURSDAY Cream of Mushroom Barley Soup Beef Noodle Soup Vegetable Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Carrots Mashed or Baked Potatoes Cauliflower Yellow Beans Broccoli Apple Crisp Barley Soup Beef Noodle Soup Vegetable Soup Cream of Mushroom Barley Soup Beef Noodle Soup Vegetable Soup Mashed Potatoes Cauliflower Apple Crisp Lazy Day Salad Cream of Mushroom Barley Soup Beef Noodle Soup Vegetable Soup Cream of Mushroom Barley Soup Beef Noodle Soup Vegetable Soup Deficiency Cauliflower Brown Bread Pom Pom Tuna Casserole Blueberry Cake Fruit Cocktail Pudding Pineapple Cake Menu may change without notice	Oatmeal Cold Cereal Cream of Wheat Bagels Bacon on Sunday O7-Jul 08-Jul 09-Jul 10-Jul 11-Jul 11-Jul MONDAY C7-Jul 08-Jul 09-Jul 10-Jul 11-Jul 11-Jul MONDAY C7-Jul 08-Jul 09-Jul 10-Jul 11-Jul THURSDAY C7-Jul 08-Jul 09-Jul 10-Jul 11-Jul THURSDAY C7-Jul MONDAY C7-Jul 08-Jul 10-Jul 11-Jul THURSDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY Froached Salmon Hollandaise Sauce and mushroom Mashed Potatoes Carrots Mashed or Baked Potatoes Cauliflower Apple Crisp Lazy Day Salad C7-Jul 10-Jul 11-Jul 11-	Oatmeal Cold Cereal

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