

WEEK # 4

Menu 2025

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bagels Bacon on Sunday	Toast	Greek Yogurt Milk Sliced cheese	Assortment Of Fruit Juices	Tea Coffee Milk	Apples Orange Bananas

14-Jul		15-Jul		16-Jul		17-Jul		18-Jul		19-Jul		20-Jul	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
D I N N E R	Macaroni Soup	Cream Of Onion Soup	Tomato Soup	Cabbage Soup Stuffed	Macaroni Soup	Cream of Broccoli Soup	Veg Soup						
	Bologna	Poached Haddock	Boiled Dinner	chicken breast	Grilled Fish	Chicken Fingers	Roast Pork						
	Mashed Potatoes	Mashed Potatoes	Boiled Potato Turnips	Mashed Potatoes	Mashed Potatoes	Mashed Potato or Wedge potatoes	Mashed Potatoes						
	peas and carrots	Mixed Veg	Carrots Cabbage	Green Beans	Broccoli	Yellow Beans	Cauliflower						
	Baked Custard	Fruit cocktail	Stewed Pears	Strawberries	Mandarin Orange	Butterscotch Pudding	Pie						
S U P P E R	Vegetable soup	Cream Of Onion Soup	*	Cabbage Soup	Vegetable soup	Cream of Broccoli Soup	Veg Soup						
	Chicken A La King on Toast	Spaghetti and meat sauce Garlic Bread	Grilled Ham & Cheese Sandwich	Beef Stroganoff Noodles	Quiche Pasta Salad	Baked beans Hot dog Brown Bread	Fish Burger						
							potato hash log						
	stewed Pears	Lemon Loaf	Squares	Stewed Peaches	Jello / whip cream	Gingerbread whip cream	ice cream						

Menu may change without notice

HS Snack Menu					Social tea or Arrowroot Cookies	
Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie		Sweet Bread