

Breakfast Menu Items For The Week						
Oatmeal	Eggs Any Style	Toast	Greek Yogurt		Tea	Apples
Cold Cereal	Bagels			Assortment	Coffee	Orange
Cream of Wheat	Bacon on Sunday		Sliced cheese	Of Fruit Juices	Milk	Bananas

	28-Jul MONDAY	29-Jul TUESDAY	30-Jul WEDNESDAY	31-Jul THURSDAY	01-Aug FRIDAY	02-Aug SATURDAY	03-Aug SUNDAY
D I N N E R	Beef Noodle Soup	Cream of Mushroom	Cream of Mushroom	Cream of Chicken Soup	Vegetable Soup	Cream of Broccoli	Tomato Soup
	Loose Hamburger Sandwich	Lemon Pepper Fish	Sweet and Sour Chicken	Classic Meatloaf	Vegetable Soup	Beef pot pie	Roast Chicken
	Mashed potatoes		Mashed or Boiled Potatoes	Marina Sauce	Grilled Fish		Dressing
	Yellow Beans	Mashed potatoes	Broccoli	Mashed potatoes	Mashed potatoes	Cole Slaw	Gravy
		Peas		Parsnips	Green Bean		Mashed Potatoes
	Stewed Rhubarb	Jello/ whip cream	Stewed Peaches	Strawberries	Spanish cream	Brownies	Squash
							Coconut Cream Pie
S U P P E R	Beef Noodle Soup	Barley Soup	Cream of Mushroom	Hearty Chicken	Vegetable Soup	Cream of Broccoli	Tomato Soup
	Chicken Alfredo	Cabbage Rolls	Philly Steak on a Bun	Biscuit		Chilli	Fish Nuggets
			Fries		Pizza	Corn Bread	Home Fries
	Gingerbread Whip Cream	Fruit Cocktail	Fruit Cobbler Whip Cream	Apple Crisp	Whitw Cake Lemon Sauce	Butterscotch Pudding	Stewed Pears

Menu may change without notice

HS Snack Menu				Crackers With Peanut Butter or Cheese		
Cookies	Pudding	Ice cream&cookie	Toast		Toast & Cereal	Cookies