










September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Programmers: Karla & Tanya Recreation Therapist: Charlotte		Please note that all programs are subject to change.				1
2	3 	4 10:00 Mini Manicures Lunch Group (BR) 1:30 Bingo (2)	5 10:00 Chair Yoga (BR) 1:30 Music & Memory (3)	6 10:30 News & Views (4) Walking program 2:00 Mass (6)	7 10:00 Lexicon (5) Mobile Library 1:30 Interactive Music with Shelia (2)	8 
9 2:30 Port Maitland Wesleyan Church	10 10:00 Knitting Club (4) 1:30 Sensory Stim (BR) 6:30 Blue Country (6)	11 10:00 Men's Group (BR) 1:30 Bingo (2)	12 Chocolate Milkshake Day! 9:30 Baking (4) 1:30 Shaken social (3)	13 10:30 News & Views (4) Walking Program 2:00 Mass (6)	14 10:00 Lexicon (5) 1:30 Music with Knight Shades (4)	15
16 	17 10:00 Out for a drive 1:30 Music & Memory (1)	18 10:00 Balloon V-Ball (5) 1:30 Sentimental Journey (3)	19 Talk like a pirate day! 10:00 Pirate Games (4) 1:30 Pirate Party (2) 	20 10:30 News & Views (4) 2:00 Mass (6) Walking Program 6:30 Tuskett Jammers (4)	21 World Gratitude Day 10:00 Lexicon (5) 1:30 Birthday Party with The Scallywags	22 
23 2:30 Pleasant Valley Baptist Church	24 10:00 Fall Craft (4) 1:30 Sensory Stim (BR)	25 10:00 Resident Council (BR) 1:30 Bingo (2)	26 10:00 Swinging Fitness (3) 1:30 Bowling (2)	27 10:30 News & Views (4) 2:00 Mass (6)	28 9:30 Swim @ YMCA 10:00 Lexicon (5) 1:30 Out for a drive	29
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HAPPY BIRTHDAY TO... Elizabeth (2), Gerry B (3), Hugh (7), Kathryn (11), Jackie (13), Clinton (16), Arlene (23), Connie (23), Ann G (24), Leo (28)