

WEEK # 1

Menu 2019

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	23-Sep MONDAY	24-Sep TUESDAY	25-Sep WEDNESDAY	26-Sep THURSDAY	27spt FRIDAY	28-Sep SATURDAY	29-Sep SUNDAY
D I N N E R	Vegetable Beef Soup Pork Chops smothered in mushroom sauce Mashed Potatoes Cauliflower/Cheese Sauce Jello / Whipped Cream	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Nuggets Mashed Potatoes Green Beans Cookies	* Rice Soup Shepherds Pie Peas Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Chicken a La King on Toast Fruit Cocktail	Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Cottage Pudding	* Rice Soup Cold Plate Mandarin Orange	* Vegetable Soup Sloppy Joe on 1/2 bun Fresh Fruit Salad	Cream of Broccoli Pancakes Ham Lemon Loaf

Menu may change without notice

HS Snack Menu Cookies	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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