

WEEK # 4

Menu 2019

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<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	2-Sep MONDAY	3-Sep TUESDAY	4-Sep WEDNESDAY	5-Sep THURSDAY	6-Sep FRIDAY	7-Sep SATURDAY	8-Sep SUNDAY
<b>D I N N E R</b>	Vegetable soup  Marinated Steak  Mashed Potatoes  Carrots  Strawberries	Cream Of Onion Soup  Grilled Fish  Mashed Potatoes  Mixed Veg  Fresh Fruit Salad	Rice Soup  Chicken Fingers  Roasted potatoes  Yellow Beans  Pears	Macaroni Soup  BBQ  Salads  Watermelon	Cabbage soup  Baked Fish  Mashed Potatoes  Broccoli  Mandarin Orange	Cream of Broccoli Soup  Bologna  Mashed Potatoes  peas  Butterscotch Pudding	Barley Soup  Roast Pork  Mashed Potatoes  Cauliflower  Pie
<b>S U P P E R</b>	Vegetable soup  Hot Chicken Sandwich Fries  Cake	Cream Of Onion Soup  Cold plate  Squares	Mushroom Soup  Ham Sandwiches  Cole Slaw  Lemon Loaf	Macaroni Soup  Cabbage Casserole  Peaches	* Cabbage soup  Quiche Tossed Salad  Jello / whip cream	Cream of Broccoli Soup  Baked beans Hot dog Brown Bread  Gingerbread whip cream	Barley Soup  Haddock Bites  Fries  Ice cream Roll

Menu may change without notice

HS Snack Menu  Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie	Social tea or Arrowroot Cookies	Sweet Bread
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