

WEEK # 1

Menu 2019

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<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	12-Aug MONDAY	13-Aug TUESDAY	14-Aug WEDNESDAY	15-Aug THURSDAY	16-Aug FRIDAY	17-Aug SATURDAY	18-Aug SUNDAY
<b>D I N N E R</b>	Vegetable Beef Soup	Minestrone Soup	Chicken Noodle Soup	Rice Soup	Vegetable Soup	Cream of Broccoli	Chicken Noodle Soup
	Stuffed pork loin Gravy	Baked Fish White Sauce	Chicken Finger	Shepherds Pie	Grilled Fish	Shake and Bake Chicken	Roast Beef / Gravy Mashed or Baked Potatoes
	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes		Mashed potatoes	Mashed potatoes	Parsnips
	Cauliflower/Cheese Sauce	Carrots	Green Beans Cookies	Peas	Broccoli	Mashed Turnips Baked Custard	Pie
	Jello / Whipped Cream	Peaches		Strawberries	Squares		
<b>S U P P E R</b>	Vegetable Beef Soup	Minestrone Soup	Fish Chowder	* Rice Soup	* Vegetable Soup	Cream of Broccoli	Chicken Noodle Soup
	Hodge Podge Biscuit	Mini Sub	Biscuits	Cold Plate	Sloppy Joe on 1/2 bun	Pancakes Ham	Fish Burger
	Fruit Cocktail	Pasta Salad	Cottage Pudding	Mandarin Orange	Fresh Fruit Salad	Lemon Loaf	Home Fries  Vanilla Pudding

Menu may change without notice

HS Snack Menu  Cookies	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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