

WEEK # 1

Menu 2019

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	1-Jul MONDAY	2-Jul TUESDAY	3-Jul WEDNESDAY	4-Jul THURSDAY	5-Jul FRIDAY	6-Jul SATURDAY	7-Jul SUNDAY
D I N N E R	Vegetable Beef Soup	Minestrone Soup	Chicken Noodle Soup	Vegetable Soup	Rice Soup	Cream of Broccoli	Chicken Noodle Soup
	Smothered Boneless Pork Chops with Onion and mushroom Gravy	Baked Fish White Sauce	Chicken Finger	Shepherds Pie	Grilled Fish	Shake and Bake Chicken	Roast Beef / Gravy Mashed or Baked Potatoes
	Mashed Potatoes Cauliflower/Cheese Sauce	Mashed Potatoes	Mashed Potatoes	Peas	Mashed potatoes	Mashed potatoes	Parsnips
	Mandarin Orange Pudding	Carrots	Green Beans Cookies	Strawberries	Broccoli Squares	Mashed Turnips Baked Custard	Pie
		Peaches					
S U P P E R	Vegetable Beef Soup	Minestrone Soup	Fish Chowder	* Vegetable Soup	* Rice Soup	Cream of Broccoli	Chicken Noodle Soup
	Hot Chicken Sandwich	Mini Sub	Biscuits	Chicken Rice	Sloppy Joe on 1/2 bun	Pancakes Ham	Fish Burger
	Fries	Pasta Salad		Egg Roll	Cole Slaw		Home Fries
	Fresh Fruit Salad	Lemon Tarts	Cottage Pudding	Mandarin Orange	Fruit Cocktail	Lemon Loaf	Vanilla Pudding

Menu may change without notice

HS Snack Menu						
Cookies	Toast	Nutri Bar	Arrowroot Cookies	Cake	Frozen Yogurt	Cookies