

WEEK # 3

Menu 2019

WEEK # 3

Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	15-Jul MONDAY	16-Jul TUESDAY	17-Jul WEDNESDAY	18-Jul THURSDAY	19-Jul FRIDAY	20-Jul SATURDAY	21-Jul SUNDAY
D I N N E R	Cream of Mushroom Liver and Onion Mashed Potatoes Yellow Beans Pears	Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Broccoli Squares	Beef Noodle Soup Deep Fried Chicken Mashed Potatoes Carrots Apple crisp	Vegetable Soup Salisbury Steak with Fried Onions and Mushroom Mashed or Baked Potatoes Cauliflower Melon	Hamburger Soup Poached Fish White Sauce Mashed Potatoes Peas Peaches	Cream of Chicken BBQ pork Riblets Mashed Potatoes Rice pilaf Green Beans Grapes	Rice Soup Baked Ham Scalloped or Mashed Potatoes Corn Pie
S U P P E R	Cream of Mushroom Chicken Sandwich Cole Slaw Spice Cake	Barley Soup Rappie Pie Brown Bread Fruit Cocktail	Beef Noodle Soup Spaghetti and Meat sauce Garlic Bread Pudding	Vegetable Soup Pancake Sausage Pineapple Cake	* Hamburger Soup Chicken Stew Biscuit Pumpkin Tarts	Corn Chowder Biscuit Apple Sauce	Rice Soup Corned Beef Hash Chow chow Blueberry Cobbler

Menu may change without notice

HS Snack Menu						Crackers With Peanut Butter or Cheese
Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	