

WEEK # 3

Menu 2017

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<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	Dec.4 MONDAY	Dec.5 TUESDAY	Dec.6 WEDNESDAY	Dec.7 THURSDAY	Dec.8 FRIDAY	Dec.9 SATURDAY	Dec.10 SUNDAY
<b>D I N N E R</b>	Cream of Mushroom * Steak and Onion  Mashed Potatoes Yellow Beans  Pears	Barley Soup  Sweet and Sour Pork  Mashed Potatoes Rice Pilaf  Broccoli  Squares	Beef Noodle Soup  Chicken bites  Mashed Potatoes  Carrots  Apple ,cranberry and pear crisp	Vegetable Soup  Saulburry Steak with Fried Onions and Mushroom  Mashed Potatoes  Cauliflower  Melon	Hamburger Soup  Poached Fish White Sauce  Mashed Potatoes  Peas  Peaches	Cream of Chicken  BBQ Rib  Mashed Potatoes Rice pilaf  Green Beans  Grapes	Rice Soup  Baked Ham  Scalloped or Mashed Potatoes  Cream Corn  Pie
<b>S U P P E R</b>	Cream of Mushroom  Chicken Sandwich  Cole Slaw  Spice Cake	Barley Soup  Rappie Pie  Brown Bread  Fruit Cocktail	Beef Noodle Soup  Spaghetti and Meatsauce  Garlic Bread  Pudding	Vegetable Soup  Pancake  Sausage  Pineapple Cake	* Hamburger Soup  Chicken Stew  Biscuit  Pumpkin Tarts	Corn Chowder  Rolls  Apple Sauce	Rice Soup  Corned Beef Hash  Chow chow  Blueberry Cobbler

Menu may change without notice

HS Snack Menu  Sweet Bread	Pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	Crackers With Peanut Butter or Cheese
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