

WEEK # 3

Menu 2018

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	Nov.5 MONDAY	Nov.6 TUESDAY	Nov.7 WEDNESDAY	Nov.8 THURSDAY	Nov.9 FRIDAY	Nov.10 SATURDAY	Nov.11 SUNDAY
D I N N E R	Cream of Mushroom * Marinated Steak and Onion Mashed Potatoes Yellow Beans Pears	Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Broccoli Squares	Beef Noodle Soup Chicken fingers Mashed Potatoes Carrots Apple ,cranberry and pear crisp	Vegetable Soup Saulburry Steak with Fried Onions and Mushroom Mashed or Baked Potatoes Cauliflower Melon	Hamburger Soup Poached Fish White Sauce Mashed Potatoes Peas Peaches	Cream of Chicken BBQ Rib Mashed Potatoes Rice pilaf Green Beans Grapes	Rice Soup Baked Ham Scalloped or Mashed Potatoes Cream Corn Pie
S U P P E R	Cream of Mushroom Chicken Sandwich Cole Slaw tomato Cake	Barley Soup Rappie Pie Brown Bread Fruit Cocktail	Beef Noodle Soup Spaghetti and Meat sauce Garlic Bread Pudding	Vegetable Soup Pancake Sausage Pineapple Cake	* Hamburger Soup Chicken Stew Biscuit Pumpkin Tarts	Corn Chowder Biscuit Apple Sauce	Rice Soup Corned Beef Hash Chow chow Blueberry Cobbler

Menu may change without notice

HS Snack Menu Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	Crackers With Peanut Butter or Cheese
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