

WEEK # 4

Menu 2019

WEEK # 4

**Breakfast Menu Items For The Week**

Oatmeal  
Cold Cereal  
Cream of Wheat

Eggs Any Style  
Bacon





Toast  
Assorted Muffins



Assortment  
Of Fruit Juices

Tea  
Milk  
Coffee

1/2 Grapefruit  
1/2 Orange  
Bananas

	18-Mar MONDAY	19-Mar TUESDAY	20-Mar WEDNESDAY	21-Mar THURSDAY	22-Mar FRIDAY	23-Mar SATURDAY	24-Mar SUNDAY
D I N N E R	Vegetable soup <sup>OL</sup> Irish Stew <u>Diced Potatoes</u> <u>Diced Turnip</u> <u>Diced Carrots</u> Apple Bread Pudding	Cream Of Onion Soup <sup>OS</sup> Grilled Fish Mashed Potatoes Mixed Veg Fresh Fruit Salad	Mushroom Soup <sup>LS</sup> Boiled Dinner Boiled Potato Turnips Carrots Cabbage Pears	Rice Soup <sup>NL</sup> Chicken Fingers Roasted potatoes  Yellow Beans Strawberries	Macaroni Soup <sup>NS</sup> Baked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup <sup>OS</sup> Bologna Mashed Potatoes peas  Butterscotch Pudding	Barley Soup <sup>OS</sup> Roast Pork Mashed Potatoes Cauliflower Pie
	S U P P E R	Vegetable soup Chicken A La King on Toast  Fresh Pineapple	Cream Of Onion Soup Macaroni and Tomato sauce Squares	Mushroom Soup Pizza  Lemon Loaf	Rice Soup Quiche Tossed Salad Peaches	* Macaroni Soup Ham Salad Sandwiches Cole Slaw Jello / whip cream	Cream of Broccoli Soup Baked beans Hot dog Brown Bread Gingerbread whip cream

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie	Social tea or Arrowroot Cookies	Sweet Bread
-----------------------------------	-----------	---------	-------	--------------------	---------------------------------------	-------------