

WEEK # 4

Menu 2018

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Breakfast Menu Items For The Week

Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas
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	March.5 MONDAY	March.6 TUESDAY	March.7 WEDNESDAY	March.8 THURSDAY	March.9 FRIDAY	March.10 SATURDAY	March.11 SUNDAY
D I N N E R	Vegetable soup	Cream Of Onion Soup	Mushroom Soup	Rice Soup	Macaroni Soup	Cream of Broccoli Soup	Barley Soup
	Roast Beef	Grilled Fish	Boiled Dinner	Chicken Fingers	Salmon with Dill Sauce	Bologna	Roast Pork
	Mashed Potatoes	Mashed Potatoes	Boiled Potato Turnips Carrots Cabbage	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes
	Mashed Carrots and Turnips	Mixed Veg		Yellow Beans	Broccoli	peas	Cauliflower
	Cheese Cake	Fruit rice	Watermelon	Butter Tarts	Mandarin Orange	Butterscotch Pudding	Pie
S U P P E R	Vegetable soup	Cream Of Onion Soup	Mushroom soup	Rice Soup	* Macaroni Soup	Cream of Broccoli Soup	Barley Soup
	Chicken A La King on Toast	Homestyle Macaroni Tomato Bacon Casserole	Pizza	Quiche Tossed Salad	Ham Salad Sandwiches Salad	Baked beans Hot dog Brown Bread	Fish Burger
	Pears	Squares	Lemon Loaf	Peaches	Whipped Jello	Gingerbread whip cream	Pom Pom Potatoe Strawberries

Menu may change without notice

HS Snack Menu					Social tea or Arrowroot Cookies	
Nutri Bar	Voortman Cookies	Muffin	Toast	Cran citrus cookie		Sweet Bread