

WEEK # 4

Menu 2017

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Breakfast Menu Items For The Week

Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas
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	Sept. 18 MONDAY	Sept. 19 TUESDAY	Sept. 20 WEDNESDAY	Sept. 21 THURSDAY	Sept. 22 FRIDAY	Sept. 23 SATURDAY	Sept. 24 SUNDAY
D I N N E R	Vegetable soup  Marinated Steak Fried Onion Mashed Potatoes  <u>Diced Carrots</u> <u>Diced Turnip</u>  Cheese Cake	Cream Of Onion Soup  Grilled Fish  Mashed Potatoes  Mixed Veg  Fruit rice	Tomato Soup  Boiled Dinner Mashed or boiled Potatoes Turnip Carrots Cabbage  Pears	Rice Soup  Chicken Fingers  Roasted potatoes  Yellow Beans  Butter Tarts	Macaroni Soup  Baked Fish  Mashed Potatoes  Broccoli  Mandarin Orange	Cream of Broccoli Soup  Bologna  Mashed Potatoes  peas  Butterscotch Pudding	Barley Soup  Roast Pork  Mashed Potatoes  Cauliflower  Pie
	S U P P E R	Vegetable soup  Chicken A La King on Toast  Watermelon	Cream Of Onion Soup  Cold plate  Squares	Fish Chowder  Tea Biscuits  Lemon Loaf	Rice Soup  Quiche Tossed Salad  Peaches	* Macaroni Soup  Ham Salad Sandwiches  Salad  Mousse	Cream of Broccoli Soup  Baked beans Hot dog Brown Bread  Gingerbread whip cream

Menu may change without notice

HS Snack Menu  Nutri Bar	Voortman Cookies	Muffin	Toast	Cran citrus cookie	Social tea or Arrowroot Cookies	Sweet Bread
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