

WEEK # 4

Menu 2018

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Breakfast Menu Items For The Week

Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas
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	Nov.12 MONDAY	Nov.13 TUESDAY	Nov.14 WEDNESDAY	Nov.15 THURSDAY	Nov.16 FRIDAY	Nov.17 SATURDAY	Nov.18 SUNDAY
D I N N E R	Vegetable soup Irish Stew <u>Turnip</u> <u>Carrots</u> <u>Potatoes</u> pineapple fruit salad	Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg rice pudding	Mushroom Soup Boiled Dinner Boiled Potato Turnips Carrots Cabbage Pears	Rice Soup Chicken nuggets Mashed potatoes Yellow Beans Butter Tarts	Macaroni Soup Baked fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Bologna Mashed Potatoes peas Butterscotch Pudding	Barley Soup Shake / Bake Chicken Cranberry Sauce Mashed Potatoes Cauliflower Choc Cake
	S U P P E R	Vegetable soup Chicken A La King on Toast Watermelon	Cream Of Onion Soup Macaroni and Tomato sauce Squares	Mushroom Soup Pizza Lemon Loaf	Rice Soup Quiche Tossed Salad Strawberries cobbler	* Macaroni Soup Ham Salad Sandwiches Cole Slaw Jello	Cream of Broccoli Soup Baked beans Hot dog Brown Bread Cake whip cream

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie	Social tea or Arrowroot Cookies	Sweet Bread
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