



WEEK # 5

Menu 2019

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins		Tea Milk Coffee	Assortment Of Fruit Juices	1/2 Grapefruit 1/2 Orange Bananas

	25-Mar MONDAY	26-Mar TUESDAY	27-Mar WEDNESDAY	28-Mar THURSDAY	29-Mar FRIDAY	30-Mar SATURDAY	31-Mar SUNDAY
D I N N E R	Cream of Carrot Shake / Bake Chicken Cranberry Sauce Mashed Potatoes Mixed Vegetable Choc Cake	Mushroom Soup Roast beef Mashed Potatoes Mashed turnip and Carrots Pears	Chicken Noodle Soup Stuffed Pork loin Mashed Potatoes or Baked Potatoes Broccoli tapioca Pudding	Macaroni Soup Turkey Steak Mashed Potatoes Brussel Sprout Fruit Cocktail	Cream of Chicken Salt Fish Pork Scraps Mashed /Boiled Potatoes Turnips Mousse	Barley Soup *Hawaiian sausage * Mashed Potatoes or Rice Pilaf Green Beans Mandarin Orange	Bean Soup Bake Ham Scalloped or Mashed Potatoes Kernel Corn Lemon Pie
S U P P E R	Cream of Carrot French Toast Sausage Fruit Cocktail	* Mushroom Soup Egg Sandwich Salad Cottage Pudding	* Fish Chowder Rolls  Peaches	* Macaroni Soup * Ham Casserole Banana Bread	* Cream of Chicken Hamburger / Bun Salad Strawberries	Barley Soup Chicken on bone Potato Salad cole slaw Vanilla Pudding	Bean Soup Fish Cakes  Chow chow Apple Sauce

Menu may change without notice

HS Snack Menu						
Toast	Cookies	Nutri Bar	Rice Kripie squares	Cheese & crackers	Toast	Pudding or Yogurt