

WEEK # 5

Menu 2019

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Breakfast Menu Items For The Week

Oatmeal
Cold Cereal
Cream of Wheat

Eggs Any Style

Bacon

Toast

Assorted Muffins



Assortment
Of Fruit Juices

Tea
Milk
Coffee

1/2 Grapefruit
1/2 Orange
Bananas

	11-Feb MONDAY	12-Feb TUESDAY	13-Feb WEDNESDAY	14-Feb THURSDAY	15-Feb FRIDAY	16-Feb SATURDAY	17-Feb SUNDAY
D I N N E R	Cream of Carrot Shake / Bake Chicken Cranberry Sauce Mashed Potatoes Mixed Vegetable Choc Cake	Mushroom Soup Irish Stew <u>Diced Potatoes</u> <u>Diced Turnip</u> <u>Diced Carrots</u> Pears	Chicken Noodle Soup Pork Chops Fried Onions Apple Sauce Mashed Potatoes or Baked Potatoes Broccoli tapioca Pudding	Macaroni Soup Turkey Steak Mashed Potatoes Brussel Sprout Strawberries	Cream of Chicken Smoked Fish Onions / Cream Mashed /Boiled Potatoes Turnips Jello / Whipped Cream	Barley Soup Hawaiian sausage Rice Pilaf Mashed potatoes Green Beans Mandarin Orange	Bean Soup Glazed Ham Scalloped or Mashed Potatoes Corn Lemon Pie
	S U P P E R	Cream of Carrot French Toast Sausage Apple Sauce	* Mushroom Soup Egg Sandwich Salad Cottage Pudding	* Fish Chowder Rolls Peaches	* Macaroni Soup Ham Casserole Red Velvet Cake	* Cream of Chicken Hamburger / Bun Salad Fruit Cocktail	Barley Soup Chicken on bone Potato Salad 3 Bean Salad Vanilla Pudding

Menu may change without notice

HS Snack Menu Toast	 Cookies	 Nutri Bar	 Rice Kripie squares	 Cheese & crackers	 Toast	 Pudding or Yogurt
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