

WEEK # 6

Menu 2019

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Breakfast Menu Items For The Week

Oatmeal
Cold Cereal
Cream of Wheat

Eggs Any Style
Bacon

Toast
Assorted Muffins



Assortment
Of Fruit Juices

Tea
Milk
Coffee

1/2 Grapefruit
1/2 Orange
Bananas

	18-Feb MONDAY	19-Feb TUESDAY	20-Feb WEDNESDAY	21-Feb THURSDAY	22-Feb FRIDAY	23-Feb SATURDAY	24-Feb SUNDAY
D I N N E R	Beef Noodle Soup	Barley Soup	Cream of Mushroom	Vegetable Soup	Cabbage Soup	Cream of Broccoli	Tomato Soup
	Liver and Onions	Poached Fish	Swiss Steak	Sweet and Sour Chicken	Fried Fish	Meat Loaf	Roast Chicken Dressing
	Mashed potatoes	White Sauce	Mashed or Boiled Potatoes	Mashed Potatoes	Mashed potatoes	Mashed potatoes	Gravy
	Yellow Beans	Mashed potatoes	Parnips	Brown Rice	Green Bean	Peas and Carrots	Mashed Potatoes
	Stewed Rhubarb	Peas	Peaches	Broccoli	Spanish Cream	Brownies	Squash
S U P P E R	Beef Noodle Soup	Barley Soup	Cream of Mushroom	Hardy Chicken Soup	Cabbage Soup	Cream of Broccoli	Tomato Soup
	Pancake	Lasagna	Egg Sandwich	Rolls	Chicken stir fry egg roll	Baked Beans	Fish Nuggets
	Sausage	Garlic Bread	Salad	White Cake / Lemon Sauce	Pear Crisp	Rolls	Home Fries
	Gingerbread	Fruit Cocktail	Fruit Cobbler			Butterscotch Pudding	Pears
	Whip Cream		Whip Cream				



Menu may change without notice

HS Snack Menu						
Cookies	Pudding	Ice cream&cookie	Toast	Crackers With Peanut Butter or Cheese	Toast & Cereal	Cookies