

WEEK # 1

Menu 2018

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	July. 30 MONDAY	July. 31 TUESDAY	Aug.1 WEDNESDAY	Aug.2 THURSDAY	Aug.3 FRIDAY	Aug.4 SATURDAY	Aug.5 SUNDAY
D I N N E R	Vegetable Beef Soup Stir fry Rice Chicken Balls Egg Rolls Jello	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Finger Mashed Potatoes Green Beans Cookies	* Rice Soup Shepherds Pie yellow beans Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Pizza Fruit Cocktail	* Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Manadrin Orange	* Rice Soup Cold Plate Cottage Pudding	* Vegetable Soup Sloppy Joe peas Fresh Fruit Salad	Cream of Broccoli Pancakes Ham Lemon Loaf

Menu may change without notice

HS Snack Menu Social tea or Arrowroot	Nutri Bar	Toast	Cookies	Cake	Frozen Yogurt	Cookies
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