

WEEK # 1

Menu 2017

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	July. 17 MONDAY	July. 18 TUESDAY	July. 19 WEDNESDAY	July.20 THURSDAY	July. 21 FRIDAY	July. 22 SATURDAY	July. 23 SUNDAY
D I N N E R	Vegetable Beef Soup Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower/Cheese Sauce Whipped Jello	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Finger Roasted or Mashed Potatoes Green Beans Strawberries	Rice Soup Shepherds Pie Peas Cookies	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Chicken Burger made with Gravy Pom Pom Fruit Cocktail	* Minestrone Soup Mini Sub 3 Bean Salad Lemon Tarts	Fish Chowder Biscuits Cottage Pudding	* Rice Soup Cold Plate Mandarin Oranges	* Vegetable Soup Sloppy Joe Peas fresh fruit salad	Cream of Broccoli Pancakes Ham Lemon Loaf

Menu may change without notice

HS Snack Menu Muffin	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Sweet Bread
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